

Ethical Storytelling Pre-Training Workbook



Wilson and Associates' describes Ethical Storytelling as:

telling the stories of social impact
with the people the stories are about
in ways that make connections,
and build community
while using language that centers the dignity of
everyone and every place involved.

In preparation for your upcoming Ethical Storytelling training, please take some time to reflect upon the following questions and write your responses in the blank spaces provided. You will not submit your responses: your answers will remain for your own personal use.

Q1.

Think about a time in your life where you experienced a hardship, challenge, or difficult moment. In the space below, capture a few notes for yourself that will help you remember that moment.

Q2.

In that situation you described above, how did you feel? Did others know how hard of a time you had in those moments? How did you get through that situation? What support, if any, did you receive to help you?

Q3.

Imagine that a journalist has decided to write a story about you and how you made it through that challenging moment you described above. How would you want them to tell your story? What language (what words) would you want them to use to describe your situation? How do you want to be conveyed? What details would you want to be included and/or omitted?



Q4.

When you've had to tell the story of someone else that has experienced a challenging moment, have you approached it with the same pause as you did in Question #3? As you find yourself telling the story of someone else's challenging moment, how might you apply your answer to Question #3 to that storytelling process?

Q5.

What are you most hoping to learn in this Ethical Storytelling Training to build your storytelling skills?

